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Blueberry and Lemon Parfait

- 1 package (3.4 ounces) instant lemon pudding
- 1 1/2 cups milk
- 1 cup heavy whipping cream
- 12 gingersnap cookies, coarsely crushed (about 1 cup)
- 1 pint fresh blueberries (2 – 2 1/2 cups)

Prepare instant lemon pudding according to package directions, using the milk. In a medium-sized bowl, with an electric mixer at medium-high speed, beat cream until soft peaks form. Fold whipped cream into prepared lemon pudding. In 4 or 6 individual serving glasses or a one quart bowl, spoon a layer of the pudding mixture; sprinkle lightly with cookies and a layer of blueberries. Repeat layers one more time, ending with the pudding. Refrigerate, covered, for about 30 minutes. Garnish with mint sprigs and blueberries if desired.

YIELD: 4 to 6 portions